



Mentorship Program Information

The Laurel Tree Wellness Clinical Mentorship Program is a one-year relationship between Naomi Kilbreth and an herbalist student. This program is available to two students per year and is the perfect fit for those who have completed a family herbalist-level program or higher, or who have been providing their family or community with herbalist care for several years or more, and who would consider themselves an intermediate level herbalist with intentions to see clients in a clinical setting.

It is expected that students will begin this program with a firm understanding of the foundations of herbalism, including herbal remedy making, monograph-writing, how to grow herbs, and anatomy and physiology.

This may be accomplished through a formal academic program or through extensive personal study, but it is encouraged that you have had two years of herbal education experience, are familiar with at least 50 medicinal plants including personal experience, a theoretical foundation for developing treatment protocols, a basic understanding of pathology and pathophysiology, and an understanding of practice management and ethics.

This mentorship program is intended to be used alongside other methods of education, as a small group support structure for learning that is already occurring. It is not intended to be used as the sole method of instruction for clinical practice. Nor is there provided a guarantee that a mentee, having completed this program, will be ready for clinical practice.

As a mentor, Naomi Kilbreth provides her students with opportunities to grow their knowledge and experience; to apply the education they are acquiring, and practice in a safe environment with supervision and guidance from an established herbalist. At the end of this one-year program, Naomi Kilbreth will provide her students with a letter of reference, documenting both the number of hours and the types of work completed.

Experience that will be provided to the mentee includes:

- A monthly, meeting with a second mentee to review cases and current educational projects, and to receive training in subjects including *materia medica* and protocols, formulation, research and documentation, safety measures and ethics, assessment skills, intake and history taking, sourcing remedies, communication and health counseling skills, problem solving, getting an herbal business started. Many of these skills are practiced during appointments.
- Shadowing client appointments, followed by text and video messaging with the mentee to review the case, for a total of 75 minutes for average appointments.
- Over the course of the mentorship, the mentee is given guidance and opportunity to practice clinical skills, and by the end of the program, they will have led an initial visit and a follow up or at least one new client.

Additional benefits included in this program:

- Enrollment in our Pre-mentorship Google Classroom upon acceptance to the mentorship waitlist, with resources including access to Naomi's Lyme Protocol Training class and Basic Tongue Assessment class, sample case studies, and lists of recommended projects, books, videos, and memberships, as well as materials needed for the mentorship program.
- Practice Better membership to view client cases
- Enrollment in our Mentorship Google Classroom upon beginning the mentorship program, with resources including outlines for mentorship meetings, monthly outlines for assignments, case studies, *materia medica* work, recommended books and videos, and a lab work guide.
- Your bio on the website for the duration of the mentorship
- Opportunity to write an article for the Laurel Tree Wellness monthly newsletter and participate in an episode for The Family Herbalism Podcast.

This program is available for students after it is determined that they and Naomi are a good fit for each other. It's important that the relationship is built on shared values, trust, and good communication. After the application for mentorship is completed, a conversation to explore working together will confirm that Naomi and the student are ready to sign the agreement and prepare for a year of teamwork and learning!

This program, with a value of \$1,845, is available for \$999. A downpayment of \$50 is required to hold your spot on the wait list and gain access to the pre-mentorship classroom. The remainder is to be paid prior to the start of the mentorship year or as part of a payment schedule agreed on by both parties.